



Sentinel



Anne Carroll, Director

(703) 368-3220

www.Seton-School.org

A Weekly Newsletter for Seton Parents & Students

THE WEEK AHEAD

- Thursday* ♦
Nov. 3rd
- Friday* ♦
Nov. 4th
- Saturday* ♦
Nov. 5th
- Sunday* ♦ Fall Back!
Nov. 6th Seton Open House 2-4 p.m.
- Monday* ♦ All Souls Pilgrimage
Nov. 7th to the cemetery after Mass
NHS Meeting 2:45 p.m.
PRO Report Card Meeting 7:30 p.m.
Choir practice
- Tuesday* ♦
Nov. 8th
- Wednesday* ♦ Jazz Band practice
Nov. 9th
- Thursday* ♦ Picture Re-Takes
Nov. 10th during 5th & 6th period lunch



FROM THE DIRECTOR

IMPORTANT

This year the faculty has instituted a new policy in order to help our students achieve greater success. If a student has a grade below 77 (D or F) on his report card, we are requiring a conference with at least one parent, the student, and the teacher of that class. When you receive your child's report card, if a grade is below 77, please call the office to make an appointment with the teacher (or teachers) for the report card conference day, November 16. If it is impossible for you to come to school on that day, please schedule the conference at the earliest mutually convenient time. These conferences will allow parents, students, and teachers to work together to help the students do well in the class.

ANNUAL ALL SOULS PILGRIMAGE

TO THE CEMETERY TO PRAY FOR THE SOULS IN PURGATORY
After the 8:30 AM Mass and novena on Monday, November 7, we will walk to the nearby cemetery. Students will join their homeroom teachers to pray a decade of the Rosary for the Poor Souls. Praying for the deceased in a cemetery can gain a plenary indulgence during the octave of All Souls Day under the usual conditions. Those conditions are as follows: receiving Holy Communion the same day, Confession within a week before or after, praying for the Holy Father's intentions, and being free from attachment to sin.

RUN OR WALK TO BENEFIT OUR TWIN SCHOOL IN HAITI
Saturday, November 12, is our annual run-walk to benefit our twin school in Haiti. Information is available in this Sentinel. I encourage all of you—students, parents, siblings, friends—to come out that day to raise money to help students in this poorest country in the Western Hemisphere. Even people who are struggling financially in the United States are wealthy compared to the people of Haiti.

I am again soliciting pledges and donations to support my participation in this event. If you would like to make a pledge or donation on my behalf, send the check to the office with "Mrs. Carroll" in the memo line. You are not risking much because my normal distance is three miles.

Continued on page 2

MASSES & ROSARIES

Monday Mass
All Saints 8:30 AM
Rosary
Tues. - Fri. 8:00 AM
in the Chapel



Prayer & Praise Requests

Please pray for
Heidi Vallimont
undergoing radiation for
thyroid cancer

Please continue to pray for
Michael Morch
Dr. Rafael Madan
Mrs. Catherine Craig
Mrs. Barb Yirak
Mrs. Monica Curran
Maria Garvey O'Grady
Mrs. Ann Brien

Please pray for the repose of
the soul of

Edward B. Rogers, Jr.
grandfather of Edward
("00), Will ("02) John ("04)
Lizzie (11) and Cat ("12)

Debbie Turner
who passed into eternal life
Oct. 29th

Mr. John Pretz
Frances Mantooth
Pauline Muzik
Mildred White
Dr. Carroll

NEWS

Thank You
 Mrs. Higgs for providing
 the priests lunch and
 Thank You
 Father Mullaney
 for saying Mass

**Basketball Tryouts will start
 the first week of November!!!
 Please see the November
 calendar for more details.**

TIME CHANGE REMINDER



PICTURE RE-TAKES
 If you missed Picture Day or were unhappy with your pictures and want to re-take them, re-takes will be taken on the 10th of Nov. during 5th/6th period lunch. Students may bring a top to change into but it is not a free dress all day.



*Virtues Thought
 Charity*
 Show true love of neighbor by participating in or supporting the Haiti Run-Walk on Saturday, November 12.

FROM THE DIRECTOR

Continued from page 1

FOOD DRIVE

In response to a homily by Father Juan at a Monday Mass, the freshmen girls are sponsoring a food drive to help the hungry in Manassas. The last day of the drive is tomorrow, so if your children have not yet participated, please encourage them to bring in a non-perishable food item (preferably Hispanic, such as rice, beans, or corn flour) to school tomorrow. There are people in need right here in our own community, so let's practice the corporal work of mercy of feeding the hungry by a generous participation in this food drive.



Prayer Power Point

A person who takes seriously last week's prayer power point and wants to begin to develop a spiritual life might wonder where to start. Here is one suggestion. Set aside a certain amount of time each day for quiet one-on-one conversation with Our Lord. Make sure the amount is doable, one you can commit to. It might be as little as five minutes, but the important thing is to persevere and let nothing keep you from it. The best place for this prayer is in front of the Blessed Sacrament, but if that is not possible, then any place and time where you can be quiet and undisturbed. If that means getting up early before everyone else is up, then do it. Jesus is waiting for you.



HEADLINES

ST NICHOLAS NEEDS HELP!

Our St. Nicholas Carnival of Saints is scheduled for Dec. 4th, at the JPPII Center from 2-5 p.m. This well organized event features games, fun and food. The plans are ready but we need volunteers. Mercy hours and PRO points count for parents and students. Please call Chris Harrill at (703) 367-0860 or e-mail at harrill9@msn.com to volunteer. Thanks so much!



GOOD NEIGHBOR BASKET HELP NEEDED

This gesture of Good Will provides baskets of goodies to all the Seton neighbors during the Christmas Season. This includes the houses on Quarry, Maple and Cherry Streets, as well as the police and fire departments, insurance company, funeral home and nearby businesses. It is a small thank you for all the times we use their public and private parking areas, interfere in their quiet evenings with our wonderful school events, and generally take up the streets for at least two hours almost every day! Over the years these baskets and the wonderful student and family deliverers have brought much good cheer, and the response has been a great change in cooperation, cheerfulness, gratitude and even some evangelization!

We rely on donations and volunteers for this effort. What can you do to help? We need the following items: 13 additional large size (18inch bottom diameter) baskets for a total of 28. We also need an abundance of baked goodies such as cookies, mini-loaves, Christmas treats and

PHONE TREE VOLUNTEERS

Thank you to all of my volunteers! The phone trees have been sent home in last weeks purple envelopes. If you have not received them, ask your child if it may be in their backpack or locker. If you have any questions, please contact me Cyndy Quinan at (703) 335-8140 or casquinan@verizon.net. God Bless you all!



MORE NEWS

Continued from page 2

candies. This year we are especially looking for Christmas fabrics to line the baskets. Donations of money are also accepted and are used to purchase extra items such as wired ribbons, and extra provisions when needed. These baskets are usually filled to the brim with poinsettias, goodies, and our own Seton Art Students provide handmade ornaments for each basket! Please be sure to individually wrap your goodies for 28 baskets.

What else can you do? Volunteers to assemble the baskets and deliver them are needed, this is fun! We meet after the Manassas Christmas Parade which is Saturday, December 3rd, at about 1pm at Seton. This usually takes about an hour to assemble, then we deliver. If you are interested in helping, please contact Heidi Santschi at psantschi@verizon.net. Please do not wait until the last minute, because we would have to purchase items if the donations are not sufficient.

MANNA FOR SALE!

We will be selling Manna gift cards at the PRO Report Card Meeting. Stop by and purchase Bloom, Giant or Shoppers gift cards. Seton gets 5-6% back with no extra charge to you! So! Bring your check book or cash and buy these cards!

APPLICATIONS FOR THE 2012-2013 SCHOOL YEAR

The last day applications will be accepted is Friday, January 13, 2012.

Admission Testing Dates are the following Saturdays:
November 12, 2011
December 3, 2011
January 28, 2012

Current Seton families are encouraged to come to the November testing date.

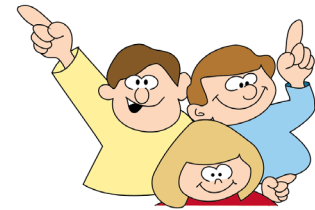
Remember: Walk -ins are not accepted. You must previously submit an application and schedule a date.

The Lord will wipe away the tears from every cheek



THE
SETON OPEN HOUSE
IS SUNDAY, NOVEMBER 6, 2011
2-4PM

We will have a big cleaning day on November 5th for anyone who needs PRO Points. Please contact SetonAdmissions5@aol.com if you are interested.



PRO REPORT CARD MEETING

Our Report Card meeting is scheduled for Monday, November 7th at 7:30 p.m. The Ad Campaign will be making their annual presentation. If you don't know exactly what the Ad campaign is please come so that you can learn how to best get out there and sell ads so that you don't have to pay out of your pocket! Report cards will be given out after the presentation.

FALL SPORTS AWARDS BANQUET

Come on Sunday, November 13th from 5:30-7:30 pm for our Fall Sports Banquet. Pizza, drinks, and desserts will be provided. All fall teams are welcome to attend. Awards for varsity teams only will be given out by the varsity coaches. Activities dress code for all students!!



SFO MEETING

Meeting of Secular Franciscans will be held Nov. 19, 2011 at 9:15 am in Room No. 1 in All Saints School, 9300 Stonewall Road, Manassas, Virginia. For information call Irene Hamblen at (703-801-6291). Visitors welcome.

ENTHRONEMENT DANCE

Saturday, November 19, 2011

The Enthronement Dance is November 19, 2011, 7-10:30pm- doors close at 8:00pm sharp!! Tickets may be purchased during your child's lunch period, This dance is for high school students only!

WHAT TO WEAR?!

As we near the time for our annual Enthronement Dance, many of the girls are already thinking about what to wear. The basic standards for this dance are the same as for classroom dress code (except that girls may wear any shoes they choose to the dance). Boys are to be in dress shirt, dress pants, and tie. Girls are to be in nice dresses or skirt and blouse outfits. A good guideline is to wear something appropriate for a wedding. As always, sleeveless, short, tight, clingy, or see-through clothes are not permitted. If a jacket is worn with a sleeveless dress, it must be *sewn to the dress* (not pinned). Please, no low-cut necklines.



Girls should not feel obliged to buy fancy new dresses for this occasion. Simplicity is always a virtue, as is frugality. In view of the causes for which the students have been raising money this year (pro-life, twin school in Haiti), girls might consider wearing something they already have and donating the money they save to one of these causes.

IMPORTANT NOTE ABOUT THE ENTHRONEMENT DANCE

Some students have the mistaken idea that dates are necessary for the Enthronement Dance. This is definitely not true. We encourage students to come in groups and to enjoy the company of all their classmates. We discourage pairing off.



HAITI RUN

Come have fun at the Haiti Run!

November 12, 2011

9am -12pm

Come walk or run with teachers, principal, alumni, friends and family, rain or shine at Signal Hill Park. **GET YOUR PLEDGES NOW!!** Proceeds will go to continuing the support for our brothers and sisters in St. Thomas School, Haiti. Let's not let them down! Please call Mrs. O'Herron if you can help (703) 368-3220.

How to submit an article to the Sentinel

We knew you were just about to ask!

The Sentinel is published weekly and your inputs are welcome. Although we try to take inputs up to the last minute (we publish the draft on Monday evening for review and approval), there are some things you can do to help the process along. By far the easiest way to submit an article or classified is by email. Simply type your input directly into the message and we'll take it from there. If you want a specific format or special graphics then create your masterpiece in Microsoft Word and attach it to the email. As always, the following rules apply:

☑ Articles may be submitted handwritten or via email.

✉ Handwritten articles should be submitted to the front office by **3 pm on Friday**.

✉ Electronic submissions may be sent to sentinel@seton-school.org.

* Please note if you do NOT want any part of your submission (e.g. your phone number) posted on the Seton web site.

⌚ The deadline for ALL article submissions is 10 am Monday morning.

All submissions subject to approval and space.

40 DAYS FOR LIFE

40 DAYS FOR LIFE

Just a few short days remain in the fall 40 Days for Life 2011 Campaign. Thank you to all the faithful Seton faculty, parents and students who have been praying for

an end to abortion at our vigil site for the past weeks. Your participation has made a difference in saving the lives of several babies and touching the hearts of those in our community. The reaction has been overwhelmingly positive and supportive including that of the city officials and police. Please consider making a final sacrifice by joining our efforts this weekend. There are several events taking place as we wrap up the final days:

"Operation Surge"

Saturday November 5 from 8AM-12PM at the vigil site. Dedicate an hour or two on our last vigil day in which abortions will be performed. Bring a yellow helium balloon.

End of Campaign Rally

Pray at the vigil site with us for our last hour from 2-3 PM on Sunday November 6.

Celebration

Come to Father Kelly Hall in All Saints Catholic Church after the final prayer hour. Bring a dessert and enjoy a time of fellowship and celebration as we conclude our Fall 2011 Campaign. See you there!

FLEECE JACKET ORDERS

Attention Parents

Students must wear approved outdoor (team jackets, fleece jackets) during school hours.

This notice is for anyone who missed the deadline for ordering an approved Seton fleece jacket. If you would still like to order a fleece jacket, please call Lynn Holmes (816-200-6262). A second order can be placed through me if interested. In the start of the 2012-2013 school year there will only be one order coordinated by the school office. We now have youth sizes available in addition to the adult size fleece jackets. The Seton fleece jackets make good Christmas gifts, too, so order now!

UNIFORM CLOSET

Are you freezing? Are you ready for some warmer uniform attire? The Used Uniform Closet has many sweaters and long sleeved shirts available. All are in excellent or gently used condition. Please contact Doreen Nagurny at 703-393-7987 or seton.uniform.closet@gmail.com to check on availability.

A GENTLE REMINDER

Please don't forget to send in your donations for the teachers' and staffs' Christmas gifts. Information came home on a flyer online and in the purple envelopes. Thank you! Cyndy Quinan



CLASSIFIEDS

WANTED:

EXPERIENCED FEMALE CAREGIVER for elderly stroke patient. Sat. and Sun. from 8am to 2pm starting Nov. 26. \$14 per hour. Please call Deirdre at (703)361-4741.

IN NEED OF PROFESSIONAL PORTRAITS, SENIOR PHOTOS?

Through her camera's lens, Alayna Nagurny '11 focuses on the details of an object or person to render the ordinary extraordinary. She would love to continue working with Seton students and families. Please contact her at alayna@nagurny.com or 703-717-1631 for rates and availability.



GOD'S PROMISE TO THOSE WHO OBEY

BY VINCENT TERRERI

Observance of the virtue of obedience stretches from the home to the greater society in which we live. I mean here to include the myriad little societies in which we and our children partake. Whether at home or in the public eye, obedience involves bending the will to do things that others tell us to do.

The foundation of the virtue of obedience is found in the Fourth Commandment, as recorded in the Book of Deuteronomy, 5:16:

Honor your father and your mother, as the LORD your God commanded you; that your days may be prolonged, and that it may go well with you, in the land which the LORD your God gives you. (RSV Catholic)

Other writers have pointed out that this Commandment is the only Commandment with a blessing to those who fulfill it. The blessing "That your days may be prolonged, and that it may go well with you, in the land which the LORD your God gives you."

Surely God honors his promises. Even a surface reading of this text shows us that God wants obedience so much that He makes a promise. It's almost like a covenant within a covenant. Let's take a second look at the promise, as another translation has it: "That it may go well with you and you may live in the land and be secure."

If we pay attention to this Commandment, God promises us that it will go well with us. God promises that we will dwell in the land and be secure. These same promises are available to those of us who exercise obedience according to the Commandment.

Obedience is a signal virtue that marks the lives of boys and girls while they are young and living under the direct authority of their parents. Obedience also marks the lives of young men and ladies as they enter into public life and practice their faith in the marketplace. Obedience touches on adults as they continue to interact with their parents and exercise their rights as much as possible in obedience to civil and religious laws.

St. Paul bears out our interpretation in his letter to the Romans, Chapter 13:

1 Let every person be subject to the governing authorities. For there is no authority except from God, and those that exist have been instituted by God. 2 Therefore he who resists the authorities resists what God has appointed, and those who resist will incur judgment. 3 For rulers are not a terror to good conduct, but to bad. Would you have no fear of him who is in authority? Then do what is good, and you will receive his approval, 4 for he is God's servant for your good.

It should be obvious, then, how we fulfill this commandment. We honor our father and mother. We also honor all legitimate authority that has been placed over us. And how do we do this? We do this by obedience to their authority and the lawful commands of those who have been placed over us.

Seen in this light, the virtue of obedience is a sine qua non for the realization of the common good, the common good of any of

the various societies of which we are a part. Obedience demands that we bend our wills to be in line with rules and commands governing our present situation.

All acts of obedience are an act of honoring the person who issued the rule or command. When we do what is required by the law, we honor the lawgivers and the state. When we do

what is required by our coach or the president of our clubs, we honor the person in charge when we comply with the law.

Obedience should, in the ideal, be cheerful. This is difficult to achieve, but is possible when we supernaturalize the act of obedience. When we obey our parents or our teachers, we are not just obeying them, but we are obeying God who has put them over us.

Remember that we can do no good without God's grace. It is a good thing to pray for prompt and cheerful obedience, it makes things run so much more smoothly. After it becomes a habit, you will be far on the road to sanctity.

**OBEEDIENCE IS THE
MORAL VIRTUE IN WHICH
YOU GIVE PROMPT AND
CHEERFUL COMPLIANCE
WITH THE WISHES OR
COMMANDS OF A LAWFUL
SUPERIOR.**

*Please send me a note with your questions or comments
vttereri@gmail.com*

© 2011 Vincent Terreri. Used with permission.

