

Summer 2009 Boys Basketball Camps



Coach Dan Vander Woude Seton Boys Varsity Coach

Jr. Skills and Drills

(Boys, Ages 5 - 8)

Skills & Drills Camp

(Rising 4th - 7th grade boys)

TWO different sessions!

H.S. Skill's & Drills Camp

(Rising 8th - 11th grade boys)

Ball-Handling Clinic

FOR EXPERIENCED PLAYERS

(6th - 12th grade boys)

Shot Doctor Clinic

FOR EXPERIENCED PLAYERS

(6th - 12th grade boys)

TWO different sessions

held at

Seton School
9314 Maple Street
Manassas, VA 20110

JUNIOR SKILLS AND DRILLS

MORNING CAMP!

Junior Skills and Drills work on the basics of dribbling, shooting, passing and understanding the game of basketball. Campers will work on developing basic skills, a team attitude, and good sportsmanship in a fun atmosphere.

Offered: June 1 - 5, July 27 - 31

Time: 9:30 a.m. - noon

Ages: 5 - 8 year old boys

Cost: \$60 (\$40 for second child)

Deadline: First come first serve basis. Guaranteed registration by **May 23rd** or **July 20th** respectively.

Bring: 5 - 6 yr. olds need to bring a mini ball, 7 - 8 yr. olds need to bring a 27.5" ball

ABOUT THE COACH:

Coach Dan Vander Woude has coached the varsity boys at Seton School for 16 years. He has winning records in 15 of his 16 years of coaching. His teams have been either regular season or tournament champions nine times and have made four appearances in the VIS State Tournament, most notably in 2000 where they were runners-up. Coach Vander Woude was selected DAC Coach of the Year in 1995, 2000, and 2004. Dan played high school basketball at Seton under his father, Tom. Starting on the varsity in eighth grade, he amassed over 3,300 career points. His senior year he averaged 33 points and 7 assists. He then went on to start as point guard all four years at Christendom College in Front Royal, Virginia where he scored over 1000 career points. Dan has coached/assisted basketball camps at Mason-Dixon under famed DeMatha coach Morgan Wooten. Coach Vander Woude is an All Saints Parishioner and lives in Nokesville with his wife, Maryan, and five sons John Paul, Bobby, Michael, Luke and Philip.

God's Hall of Fame

To have your name inscribed up there
is greater yet by far,

Than all the halls of fame down here
and every man-made star.

This crowd on earth, they soon forget
the heroes of the past;

They cheer like mad until you fall
and that's how long you last.

I tell you friend, I would not trade
my name, however small,

If written there beyond the stars in that
celestial hall,

For any famous name on earth or
glory that they share:

I'd rather be an unknown here and
have my name up there.

— Walt Huntley

CAMP DATES & INFORMATION

SKILL'S & DRILL'S FOR BOYS

Description: Skills and Drills works on the fundamentals of defense and offense in a fun, competitive atmosphere. The camp works on individual skills, development of a team attitude, and good sportsmanship.

Offered: June 8 - 12, or Aug. 10 - 14

Ages: 4th to 7th grade boys (Both Rising)

Time: 9:30 a.m. - 2:00 p.m.

Cost: \$75.00 (\$45 for second child)

Deadline: First come first serve basis. Guaranteed registration by June 1st or Aug. 3rd respectively.

SKILL'S & DRILL'S FOR H.S. BOYS

Description: This older session of Skills and Drills works on the fundamentals of defense and offense in a fun competitive atmosphere. The camp works on individual skills, development of a team attitude, and good sportsmanship.

Offered: June 22 - June 26 from 9:30 a.m. - 2:00 p.m

Ages: 8th - 11th grade boys (Both rising)

Cost: \$75.00 (\$45 for second child)

Deadline: First come first serve basis. Guaranteed registration by June 15th.

CLINIC DATES & INFORMATION

SHOT DOCTOR CLINIC

Description: Shot Doctor is for motivated, experienced basketball players who want to master the technique of shooting, develop a workout routine, and become a consistent threat to score.

Offered: July 13 - 17 (9:30 - noon), August 17 - 21 (1:00 - 3:30)

Ages: 6th to 12th Grade boys (both rising)

Cost: \$60.00 (\$40 for second child)

Deadline: First come first serve basis. Guaranteed registration by July 6th or Aug. 10th respectively.

BALL-HANDLING CLINIC

Description: The Ball-Handling clinic trains motivated, experienced guards to develop: knowledge of the game, confidence, vision, passing skills, change of direction, change of speed, and moves on the move.

Offered: July 7 - 11 from 9:30 a.m. - noon

Ages: 6th to 12th Grade boys (both rising)

Cost: \$60.00 (\$40 for second child)

Deadline: First come first serve basis. Guaranteed registration by June 30th.